#### Conference on Age Friendly Cities





# Tel Aviv – Yafo The Largest Metropolis in Israel Center of:

**Commerce, Finance, Business and Culture** 

400,000 residents

1,000,000 vehicles enter the heart of Tel Aviv - Yafo every day

**UNESCO** World Heritage Site since 2003

Over 4,000,000 visitors to Tel Aviv - Yafo for leisure, culture and recreation

1,000,000 daily Commuters





#### Tel Aviv – Yafo celebrated its 100<sup>th</sup> birthday last year







## Out of a total population of 400,000 residents 70,000 people are over 65 years of age

### Out of 70,000 seniors:

48% are above 80 years of age.
47% are solitary
17% are childless
35% are holocaust survivors





# "Koach LaGimlaim" "Power to Senior Citizens" Municipal Political Representation to Senior Citizens

In 1998 Koach LaGimlaim headed by Mr. Nathan Wolloch entered Tel Aviv – Yafo city council to promote an agenda dealing with age related challenges

3 out of 31 council seats

Reflecting the proportion of senior citizens in Tel Aviv - Yafo





### All party members hold key positions



Haviva Avi Gai adv.

- Member of the CityCouncil and ExecutiveBoard
- Member of the executive board – senior citizens association
- Head of Public Health services



**Nathan Wolloch** 

- First Deputy Mayor
- In charge of Social Services and Senior citizens
- In charge of International Relations



Dr. Tiomkin (Maj.Gen.Ret.)

- Member of the City Council and Executive Board
- Head of Transportation,Traffic and Parking Authority
- Chairman of Security and Fire Committee



### Making the city a better and safer place For Senior Citizens

**Supportive Communities**

**Access to Public Space and Public Transport**

Outreach activities to promote seniors' health and well being

Senior Citizens' Centers

Senior Citizens' Week





### **Supportive Communities**

Free ambulatory services



**Emergency call button** 



**Doctor's house call** 



**Home repairs** 





**Cultural and Social activities** 



**Counseling and information By a social worker** 





### **Access to Public Space and Public Transport**

Impatient drivers hardly let a senior cross



A sidewalk crowded with obstacles: bikes, chairs, goods

A Busy street in Tel Aviv

Sidewalk surface is uneven



### **Access to Public Space and Public Transport**

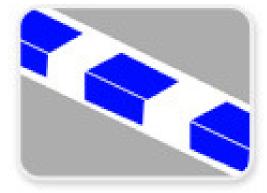


**Accessible buses** 



Direct transportation to and from senior citizen centers





Free Parking for senior citizens





Benches installed along streets



**Instruction about safety** 





### Outreach activities to promote seniors' health and well being



**Call center** 



Mrs. Avi-Gai And the Chief City Rabi Visit patients at Tel Aviv – Yafo Medical Center



Insurance and pension counseling





Discounts for theater and shows





Legal counseling



### Health and Wellness Day

Held at a different community / health center each time Features lectures on various subjects











Fitness and exercise







**Diet and Nutrition** 



**Memory an cognitive functions** 





### **Senior Citizens' Centers**





**Senior Citizens Center** 





